Workshop LabShop COSMUS

8-3-2019

The experience of designing, preparing and implementing the LabShop COSMUS together with 8 students allowed to continue and integrate the project developed at CEFAD Professional School on the production of natural cosmetics in the COSMUS project through the creation of products for sale in the labshop.

At school we developed in the discipline of chemistry with the support of the professor of cosmetology, a project intended to use active, project-based, interdisciplinary, experimental, collaborative and creative methodologies. All products developed (cream, shampoo, lipstick, glycerin soap and shower gel) and in development (toothpaste, aftershave, deodorant, face cream) were designed by the students. In a first phase they did research in books and in the internet and elaborated the recipe. Later they went to the laboratory to produce the cosmetic and, if necessary, to optimize the récipe using the cientific method. Next year they will determine the cost of production and create eco-friendly packaging as well as workshops to explain how each product is made.

The students were very receptive to the initiative of LabShop COSMUS and quickly gave ideas and suggestions of how it could be organized. They said that they never thought that what they had done was really worthy of being presented, much less to an international audience, despite fears of speaking English in public. They always showed a collaborative, creative and enterprising spirit in the preparation of the products and the movie to present at the workshop. Despite the initial fears, they interacted with the participating teachers with enough confidence and pride in their productions, overcoming their limitations and discomforts. However, in their assessment of the event they are still their own critics. Thus, the participation of these students catapulted them to a new phase of their student life, making them more confident, enterprising and active. At school, they are visiting all classes to talk about this experience as a way to motivate colleagues and make them realize the importance of all areas and interdisciplinarity.

As a trainer, this experience was very enriching and allowed me to continue to believe that, despite the setbacks and misunderstandings, the path of active experimentation and learning by doing is the way to go to give young people the tools and competences to face the challenges of his adult life.

As a result of this workshop COSMUS LabShop, some students have proposed that we create and dynamize together some workshops on natural cosmetics as a way to start developing an activity that could be a complement to their future profession of massage technicians. There is no better reward for a trainer than seeing the students become entrepreneurs and responsible for their own future. Thank you COSMUS for this opportunity.

The students involved answered the following questions:

1. What is the meaning of the training initiative organized and developed by the group of students of the CEFAD Professional School of presentation and demonstration of cosmetics production?

Answer: Promote natural cosmetics, support young entrepreneurs, demonstrate that practice is also a teaching method.

2. Aspects to highlight:

Answer:

* The Organization / host
* Positive consequences for the students (self-evaluation, motivation)
* The trainees / teachers joined and enjoyed our service immensely.
* Sharing and participation of trainees / teachers. They participated and wanted the recipes to make at home

3. Things to improve:

Answer:

* Organization of time (long waiting time);
* Improve the foreign language.